

Date	Choice 1	Choice 2
Mon 25/09/17	Pickled pork	Beef sausages
Tue 26/09/17	Chicken drumsticks	Meat ravioli and tomato sauce
Wed 27/09/17	Lamb chops	Quiche
Thu 28/09/17	Beef stew	Curried eggs
Fri 29/09/17	Salmon bake mornay	Savoury mince
Sat 30/09/17	Beef lasagne	Chicken drumsticks
Sun 01/10/17	Pork sausages and onion gravy	Beef cold cut
Mon 02/10/17	Dutch ham loaf and plum sauce	Beef sausages
Tue 03/10/17	Chicken and sweet/sour sauce	Spaghetti bolognaise
Wed 04/10/17	Savoury beef mince	Quiche
Thu 05/10/17	Roast beef and gravy	Lambs fry and bacon
Fri 06/10/17	Pan fried fish fillets	Savoury mince
Sat 07/10/17	Meat balls parmigiana	Chicken drumsticks
Sun 08/10/17	Sausage casserole	Sliced ham
Mon 09/10/17	Silverside and white onion sauce	Beef sausages
Tue 10/10/17	Chicken curry	Egg and bacon bake
Wed 11/10/17	Savoury mince	Quiche
Thu 12/10/17	Roast pork and gravy	Steak and kidney casserole
Fri 13/10/17	Pan fried fish fillets	Savoury mince
Sat 14/10/17	Rissoles	Sliced ham
Sun 15/10/17	Meat pie	Chicken drumsticks
Mon 16/10/17	Grilled ham loin steak	Beef sausages
Tue 17/10/17	Chicken drumsticks	Penne with ham and tomato sauce
Wed 18/10/17	Meat loaf	Quiche
Thu 19/10/17	Beef stroganoff	Eggs mornay
Fri 20/10/17	Crumbed fish fillets	Savoury mince
Sat 21/10/17	Pork sausages and gravy	Beef cold cuts
Sun 22/10/17	Roast chicken	Beef lasagne

Regards
Westminster House Robina

